

Preventing sexual harassment what to do if you are harassed



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In accordance with the law, **stalking or harassing** refers to repeated or continuous gender related behavior that violates the wishes of a specific individual in a way that makes them feel scared and impacts their daily life or social activities, includes the following:

- ◆ Monitoring and observing
- ◆ Following and approaching
- ◆ Inappropriate pursuit
- ◆ Misuse of personal information
- ◆ Harassment through communications
- ◆ Causing reputational damage
- ◆ Discriminatory or belittling behavior



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Sexual harassment refers to unwelcome sexual or gender related behavior that violates the wishes of an individual, employing sexual language, actions or demands through the use of technology, abuse of authority, coercion, threats or intimidation, including:

- ◆ Spying on or secretly filming
- ◆ Physical harassment
- ◆ Exposing one's private parts
- ◆ Sending obscene pictures, text, audio or video messages
- ◆ Stalking or inappropriate pursuit
- ◆ Discriminatory or belittling behavior



If you encounter harassment call the 110 Police Reporting Hotline or the 113 Women and Children Protection Hotline. Alternatively, file a report at a nearby police station. If you require interpretation services call the 1955 Hotline